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As this issue went to press, Isaac Prilleltensky announced he was stepping down as dean to focus on his research and teaching. Watch for a special edition of Perspective in the near future.

Elementary Students Encouraged to THINK About Health and Fitness



UM football players (from left) Kc McDermott, Sunny Odogwu, and Nick Linder share health tips with students in April.

Three University of Miami Hurricane football players told more than 75 elementary students about their healthy diets, workout routines, and the importance of staying fit during a special field trip on April 19. The event was part of the School of Education and Human Development's six-week Translational Health in Nutrition and Kinesiology (THINK) afterschool program with the YMCA, and sponsored by an anonymous donor.

(continues on page 19)

UNIVERSITY OF MIAMI

SCHOOL of EDUCATION
& HUMAN DEVELOPMENT



Faces of Education:

Leslie Weeks Davies: An Active Proponent of Fitness and Nutrition

As a student in the School of Education, Leslie Weeks Davies, B.S.Ed. '85, enjoyed windsurfing, kite boarding, and team sports. Today, she is a staunch fitness and nutrition advocate for children, college students, and adults.

"If you exercise regularly and eat right, you'll be fine," said Davies, a resident of Jupiter. "But too many people just don't get it. Even if you're working at a desk all day, you can get up and go for a walk. Have a salad for lunch instead of a big sandwich. You'll be surprised at how much healthier you feel."

Davies is a big supporter of the School's THINK program, which encourages elementary school students to take part in enjoyable fitness activities while learning the basics of good nutrition. She was also the founding donor for the school's Laboratory of Applied and Clinical Physiology.

"With the laboratory equipment Leslie enabled us to purchase, we will be able to do much more research on getting people to be more active," said Arlette Perry, professor and former chair of the Department of Kinesiology and Sport Sciences. "We will be able to look more closely at their physical health, their orthopedic health, and their risk for various injuries in the future. It will help bring our laboratory program into the 21st century and be a tremendous boost to our students."

A 'Cane Family

Davies comes from a proud Hurricane family. Her parents, the Reverend Marta Weeks and the late L. Austin Weeks, have been longtime supporters of the University of Miami. Her mother was the first female chair of the UM Board of Trustees. The Marta and Austin Weeks Music Library at the Frost School of Music was named in their honor.

Davies' older son Bryce studied at UM and son Cole is an incoming freshman this fall in the School of Communication. "Cole likes to write and is considering a career in screenwriting," she said. "UM has a great program."

A resident of Miami since age 5, Davies enjoyed water sports from an early age.



While she liked to swim, her passions were wind surfing and scuba diving. After graduating from high school, she took a year off to become a competitive wind surfer. She spent much of that year in Hawaii and contemplated taking part in a professional world tour.

"I decided that getting an education would be better for me in the long run and chose UM over the University of Hawaii," she said. Davies originally planned to become a marine biologist, but realized she needed a stronger background in science.

But Davies found that majoring in sport administration and health and fitness management was ideal for her personal interests. "I finally found my niche, thanks to great professors like Arlette Perry and the late James Lance."

Meanwhile, Davies continued her wind surfing, and would often cross paths with Dr. Lance as he sailed on Biscayne Bay.

After gaining her degree, Davies ran a dive boat from Miami Beach for two years and earned a captain's license. With a partner, she retrofitted a crew boat for scuba diving in Panama City and cruised to Miami Beach. "I helped Dr. Lance teach diving students," she added. "While I like staying fit, I'm not a gym person. I much prefer being outside and on the water."

On a winter skiing trip she met her husband Ed, a builder in California. They soon started a family, and Davies has kept busy since then serving on several boards, volunteering at her children's schools, and maintaining her own fitness regimen. That includes surfing, jumping horses, kite boarding, free diving, and tennis. "I enjoy staying in shape," she said. "Being physically active should be an important part of everyone's life."

dean's message

Building Global and Local Partnerships

Collaboration is one of the principles driving the School of Education and Human Development's teaching, research, and service programs. Building partnerships with our colleagues at the University of Miami, local nonprofit organizations, individual, family, and corporate donors, and renowned scholars around the world is crucial to making a lasting difference in our world.

In this issue of *Perspective*, you can read about an exciting international wellness center we are developing with our friends from Tel Aviv University. In addition, several faculty members traveled to Russia last May to share their insights at Kazak Federal University's third annual forum on teacher education. In addition, several students and staffers went to South Africa to work cooperatively with educators there.

Closer to home, our Teaching and Learning faculty and staff work closely with Miami-Dade County Public Schools to offer exceptional summer professional development programs like our Glazer and Lorton Writing Institute and Holocaust Studies Summer Institute. We also help create real-world learning experiences and opportunities for elementary, middle, and senior high school minority students through collaborations with Urgent, Inc. and Breakthrough Miami.

Another great example is our THINK program, which helps young students in the YMCA's afterschool program learn the importance of nutrition and physical activity. Launched by Arlette Perry in her former role as chair of the Department of Kinesiology and Sport Sciences, THINK is highly effective in translating health and fitness concepts into engaging experiences for elementary students.

In addition, many of our leading-edge initiatives are supported by generous donors who share our values and goals. I would like to thank you all for joining us on our exciting voyage as we prepare the next generation of leaders in our communities.

Isaac Prilleltensky

Dean and Professor
School of Education and Human Development
Erwin and Barbara Mautner Chair in Community Well-Being
Vice Provost for Institutional Culture, University of Miami



About Our Mark

The School of Education and Human Development's symbol represents our collective focus on well-being as the core of our mission. The interlocking arcs stand for three basic components of well-being: the educational, psychological, and physical. These three components correspond to the three departments in our school, which are inter-related in their focus on well-being.

The three University of Miami School of Education and Human Development departments are:

- Educational and Psychological Studies (EPS), which focuses on emotional health and psychological factors
- Kinesiology and Sport Sciences (KIN), which promotes physical wellness, fitness, and sport
- Teaching and Learning (TAL), which fosters intellectual and educational development.

To view a short film
about the School's
focus on well-being,
visit:
vimeo.com/52027102

Arlette Perry Reflects on Her 17 Years as KIN Chair

After 17 years as chair of the Department of Kinesiology and Sport Sciences (KIN), Arlette Perry is stepping down to focus on her teaching and research. “It’s been quite a ride since 2000,” said Perry. “Thanks to our talented faculty and eager students, our undergraduate and graduate programs are flourishing and our students are conducting groundbreaking research and acquiring great positions post graduation.”

Professor Warren Whisenant is succeeding Perry as KIN chair, and Professor Kevin Jacobs is the new assistant chair. Perry will continue to serve as director of the Laboratory of Clinical and Applied Physiology. “I will finally get things rolling that I put on the back burner,” she said. That includes The Women’s Health Certificate, The Translational Health in Nutrition and Kinesiology (THINK) program, and hopefully, a Summer STEM program done in collaboration with faculty in all three of the school’s departments.

An Early Interest in Sports and Fitness

Perry grew up in Brooklyn, New York, where her father played Varsity Sports and her mother was a distance swimmer. “I knew that sports were in my blood at an early age,” she said. Perry played volleyball, basketball and racquet sports. At the age of 18, she became the national paddleball champion and was the first woman to compete in a men’s intramural tournament at City College of New York, where she went to the finals.

After earning her bachelor’s degree in Physical Education and Biochemistry at Brooklyn College, Perry became a high school teacher. She then went back to school, earning a doctorate in exercise physiology at New York University. Perry also gained experience as a professional dancer, which opened the door to a faculty position at the University of Miami.

Perry was hired to teach jazz, tap, and modern dance in 1981, but Thomas Miller who was chair of the program, created a new faculty position for her in exercise physiology. “With my background in cardiovascular physiology and medicine, I saw a growing problem with obesity and its health implications,” said Perry. “I wanted to do research on obesity, specifically fat distribution, in order to better understand the metabolic processes behind body fat accrual in order to develop better prevention strategies, I never wanted to focus on weight loss programs, but rather on health promotion strategies.”

New Insights on Obesity

In the 1980s and ’90s, Perry studied obesity and fitness in various racial and ethnic populations. Her first cross-cultural grant involved a comparative study of elementary school children in Japan and U.S. Japanese-American students. “The Japanese-Americans were heavier and had higher cholesterol levels and more central obesity,” she said. “Given similar racial backgrounds, but striking differences in diet and physical activity levels, our findings pointed to the influence of behavioral and environmental factors.”



Arlette Perry

Along with continued research in minority children and adolescents, Perry launched the THINK program in partnership with the YMCA of Greater Miami and the support of The Children’s Trust, as well as other public and private sponsors.

(See related article on the cover of this issue.)

“Today, less than 25 percent of our children exercise three times a week,” Perry said. “That sedentary lifestyle, combined with poor nutritional choices, is driving the obesity epidemic. Our THINK program targets both and provides clinical experiences in which students work in our laboratories to see how their bodies respond to exercise.”

A highly regarded researcher, Perry received the Florida’s Governor Award for Outstanding Achievement in the field of Physical Fitness. She serves as a fellow of the American College of Sports Medicine and The Obesity Society. In addition, she serves as a reviewer for several professional journals including Obesity Research, Journal of Sports Nutrition, Journal of Pediatrics, and the American Heart Journal. She was recently appointed to the editorial board of the Women’s Health Journal, falling back on her medical training to review clinical case studies.

Launching New Programs

Since the school’s exercise physiology program was launched in 1983, enrollment has grown steadily with more than 500 undergraduate and graduate majors, plus another 700 students taking courses as cognates. “I remember starting with one lone stationary bicycle ergometer before helping to build our Kinesiology laboratories from scratch,” she said.

Perry is responsible for the approval of six of the eight current KIN programs, developing the curriculum in four of *(continues on page 12)*

graduation

The School of Education and Human Development honored its spring semester 2017 graduating class with a reception on May 12.



Honoring Our Top 2017 Graduates

The School of Education and Human Development honored the following students at the 2017 Awards Ceremony on May 10.



School of Education and Human Development Award for Scholarship
Zoe Brown
with Dean Isaac Prilleltensky



Department of Educational and Psychological Studies Award for Scholarship
Kathryn Cioffi
with Dean Prilleltensky



Research Honors Program
Elliana Golijov (EPS), Kyle Oshiro (KIN), and Kathryn Cioffi (EPS) with Dean Prilleltensky



Dean's Dozen Honorary Association
Travis Dunnette (KIN), Makaylah Heyward (KIN), Jinsun Moon (KIN), Ashley Roehrig (KIN), Elliana Golijov (TAL), and Elizabeth Jacques (TAL) with Dean Prilleltensky



Department of Kinesiology and Sport Sciences Award for Scholarship
Hayley Lechner
with Dean Prilleltensky



Department of Teaching and Learning Award for Scholarship
Elliana Golijov
with Dean Prilleltensky



Maxine B. Wishart Agent of Change Award
Elliana Golijov
with Lisa W. Chaffin, left, and Annette B. Caceres, right

students

Department of Teaching and Learning



Outstanding Master's Student in Education and Social Change
Morgan Anderson
with Professor Mary Avalos, TAL Department



Excellence in Student Teaching Award
Elliana Golijov



Outstanding Doctoral Student in Teaching and Learning
Patrice Fenton
with Professor Mary Avalos, TAL Department



Excellence in Student Teaching Award
Eric Gonzalez

Department of Educational and Psychological Studies



Award for Excellence in Human and Social Development
Massiel Leiva
with Dr. Laura Kohn-Wood, EPS Department Chair



Carolyn S. Garwood Award for Service
Lauren Gutman Suarez
with Dr. Kohn-Wood

MCCJ Silver Medallion Award for Community and Social Change
Wendy Jordana Moore
(not present for ceremony)



Outstanding Master's Student Award in Counseling Psychology
Alyssa Vazquez
with Dr. Kohn-Wood



Outstanding Master's Student Award in Higher Education
Nicholas Poynter
with Dr. Kohn-Wood



Outstanding Master's Student in Research, Measurement, and Evaluation
Jazzeraï Yarborough
with Dr. Kohn-Wood

students

Department of Educational and Psychological Studies

(continued)



Outstanding Doctoral Student in Counseling Psychology
Daniel J. Sheridan
with Dr. Kohn-Wood



Outstanding Doctoral Student in Research, Measurement, and Evaluation
Seniz Celimi-Aksoy
with Dr. Kohn-Wood

Department of Kinesiology and Sport Sciences



Award for Excellence in Athletic Training
Makaylah Heyward
with Dr. Arlette Perry, KIN Department Chair



Award for Excellence in Sport Administration
Adam White
with Dr. Perry



Award for Excellence in Exercise Physiology
Jinsun Moon
with Dr. Perry



Award for the Outstanding Master's Student in Exercise Physiology
Savannah Wooten
with Dr. Perry



Award for the Outstanding Master's Student in Exercise Physiology: Nutrition Track
Kara Bolon
with Dr. Perry



Dr. Harry Mallios Award for the Outstanding Master's Student in Sport Administration
Logan Davis
with Dr. Perry



Marlins Foundation Gift of Scholarship
Logan Davis
with Dr. Perry

Partnership with Tel Aviv University Will Focus on Wellness in Natural Settings (WINS)

Led by Dean Isaac Prilleltensky, the School of Education and Human Development has launched an innovative collaborative initiative, Wellness in Natural Settings (WINS), with scholars from Tel Aviv University (TAU) in Israel.

"Our goal is to share ideas and resources to promote physical and psychological well-being through science, innovation, and community engagement," said Prilleltensky, who organized a three-day May meeting in Tel Aviv with a number of faculty members from the University of Miami.

"Wellness is the result of an interaction between individuals and contexts," said Prilleltensky. "Therefore, we must make changes to natural settings, such as schools, businesses, homes, and neighborhoods – not just individual behavior."

In the Tel Aviv meeting, teams from both universities came together in a proactive partnership whose goal is the creation of an international center of excellence in the promotion of wellness in natural settings. The WINS center will support bi-national research projects in schools, the workplace, and communities, as well as foster educational exchanges of students and professors.

At the May session, three working groups were created to focus on research:

- **WINS – Workplace:** This research project will seek to enhance well-being among staff and students at TAU and UM.
- **WINS – Community:** The Community Workgroup proposes to conduct a study in physical activity and wellness in two communities in Israel and two in Miami. The interventions would be guided by a community collaborative group and would follow the validated Communities that Care model.
- **WINS – Schools:** This team will develop a value-based intervention, paying close attention to diversity, collaboration, and sustainability. The group discussed the importance of creating lasting changes in school climate, social networks, and social norms.

"Research shows that people have a higher chance of enacting healthy behaviors if they do this with group support, as opposed to individual efforts," Prilleltensky said. "Furthermore, the research shows that change is more likely to occur when it involves groups of friends or family members, as opposed to groups of strangers. This is why we emphasize the naturalistic aspect of our potential interventions."

Prilleltensky said that the premise of the WINS partnership is reflected in the school's well-established SPEC approach (strengths-based, proactive, empowering, and contextual). The best place for the SPEC approach to grow is in natural settings, where people live, study, and work, he added.

"We plan to convene a second meeting of the two teams in Miami in December. "Our long-term goals include creating educational programs for professionals and the public, and organizing a biennial international conference on WINS."

In Memoriam: Ted Miller

The School of Education and Human Development sends its condolences to the family of Theodore (Ted) Miller, B.Ed '57, a physical education teacher and successful coach in Erie County, Pa.



During his long career as an educator and coach, Miller was inducted into three sports halls of fame: Pennsylvania High School Track and Field, the Erie Chapter of the Pennsylvania Sports Hall of Fame, and the North East High School sports hall of fame. He coached eight state championship teams in track and cross country and was also a successful basketball coach. He recently was honored with the Lifetime Achievement Award by the Erie Times News sports editors. He was always a devoted 'Cane, following the football and baseball teams in particular.

First Star Academy Helps Foster Care Youth Prepare for College

Trust comes painstakingly slow for many foster care youth, those who spend their childhoods tossed from family to family as they tumble through “the system,” often wondering where “home” will be tomorrow.

Yet for the 20 rising 9th-graders in foster care that comprise the first cohort of the First Star Academy of the University of Miami, “home” has been the Coral Gables campus for five weeks this summer. And trust – together with math, language arts, science, and life-skills – has been the focus of their learning as part of this national model that provides a pathway to college for foster care youth.

Launching this ambitious program for at-risk youth has been the driving passion of School of Law Professor Kele Stewart and the planning team of Professors Laura Kohn-Wood and Wendy Morrison-Cavendish, both in the School of Education and Human Development.

“Everyone in our program has a trauma history,” Stewart said. “We talked with case managers to determine who would be a good fit. As long as the student fit the criteria and wanted to be here, we were determined to give everyone an opportunity.”

The teens spent their mornings strengthening academics. Afternoons were focused on life skills, with weekly field trips to see the murals in Wynwood, the Frost Science Museum, a dance performance, and doing a beach clean-up. The students ate in the Hecht Dining Hall and slept in the residential colleges.

The same group – with the potential to add 10 more students – will return for the next three summers. During the school year, staffers from the School of Education and the School of Law will coordinate monthly Saturday meetings with the adolescents and their parents or caregivers while also providing educational advocacy support. The program is funded in this first phase by The Children’s Trust and by Our Kids of Miami Dade/Monroe.

The dramatic change of scenery, and the commitment and support of the UM team, has yielded fast progress for many of the participants. “You already see the wheels turning,” said Stewart. “They’re being exposed to a lot of different things, and the youth are very engaged, asking a lot of questions. Their questions are very empathetic and insightful. It’s been nice to see how they’re responding.” Morrison-Cavendish, whose research and expertise focus is on special education and juvenile justice



Program director Maria Pia de Castro counsels one of the First Star Academy students.

education, said it’s important for team members to meet the students personally. “There is so much variability in their needs,” she said. “Being able to meet with students and talk with them to explain that we’re going to be building this together...and to reinforce that this is a four-year program, that we are committing to them – that’s something they generally don’t hear.”

Kohn-Wood and Morrison-Cavendish have been instrumental in developing the design and research protocol for the program. The program promotes positive behaviors that will enable the teens to graduate from high school, and enter and succeed in college.

“We use our practice and research to apply to a community in need,” said Kohn-Wood. “Foster kids are one of the most vulnerable groups. It’s heartbreaking that there are federal dollars available to go to many youth, but they’re not able to take advantage of it.”

The summer session will provide a baseline for the program, said Morrison-Cavendish. “First Star has great potential. It’s a wonderful thing to be able to work on a project with people who are really committed to these students for the right reasons. This is really about the kids.”

Birman Delivers Keynote Talk at Teacher Education Conference in Russia

A team from the School of Education and Human Development took part in the III International Forum on Teacher Education on May 22-26 at Kazan Federal University (KFU) in the Republic of Tatarstan, Russia.

Professor Dina Birman, Department of Educational and Psychological Studies, delivered a keynote address on "Immigrant Youth in the School Context." Other UM participants in the forum included Associate Dean Gina Astorini and Professors Soyeon Ahn, Debbiesiu Lee, and Mary Beth Calhoon, who gave presentations at symposia and a pre-conference workshop.



"Understanding the school experience of immigrant children is important because schools represent the most important environment where they encounter the new culture and are socialized into the new society," Birman said. "Schools also represent an opportunity to ease the adjustment of these students and help their parents form positive relationships with this important institution in society. The Russian Federation is second only to the U.S. in the number of migrants it receives and school adjustment of immigrants is of great importance to the educational system and educational researchers there."

Birman is collaborating with colleagues in the Institute of Psychology and Education at KFU on approaches to teaching immigrants in schools.

Laura Kohn Wood, chair of the Department of Educational and Psychological Studies, was recently named associate vice provost at the University of Miami. She will continue to serve the School of Education and Human Development, while helping to foster a culture of belonging and inclusiveness throughout the university.



Professor Blaine J. Fowers, Department of Educational and Psychological Studies, in August received a lifetime service award from the Society for Theoretical and Philosophical Psychology (Division 24 of the American Psychological Association). It acknowledges his contributions to the

society as a founder of its mid-winter meeting, as a Fellows committee chair, as the founder of the society's listserv, and as the 2012-13 president of the society.

Human and Social Development Graduates Showcase Their Practicum Experiences

A dozen graduate students in the 2017 Human and Social Development program showcased their community projects at a May 8 reception at the Shalala Student Center. “We posted the students’ projects and invited community leaders to the reception,” said Dr. Todd Warner, instructor. “It provided a great capstone experience for our graduating class, demonstrating the wonderful work they are doing in our community.”

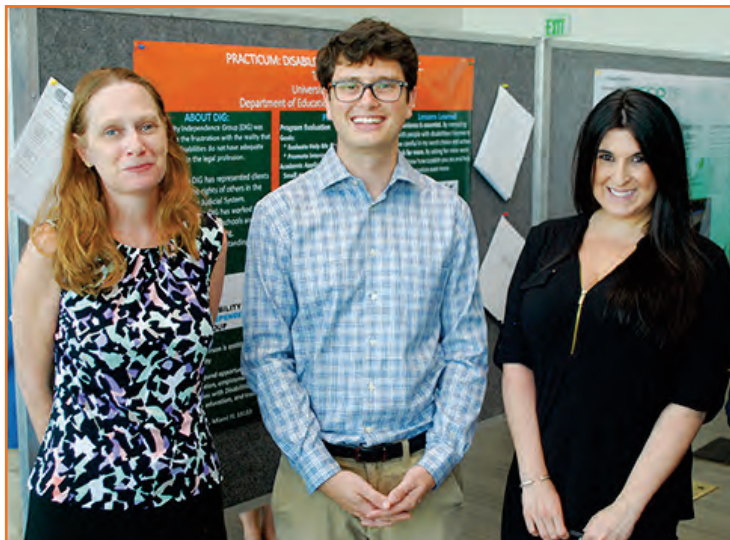
The program allows students to apply their academic training, develop their career goals, and hone their skills while gaining experience in real-world settings, Warner added.

The students and community organizations included the following:

- Kathryn Cioffi – YES! Institute
- Fabiola Contreras – Style Saves
- Alexis Friedman – Big Brothers Big Sisters of Miami
- Rachel Gensler – The Motivational Edge
- Cooper Hammon – EcoTech Visions
- Alexa Hyppolite – Urgent Inc
- Massiel Leiva – Cuban American Bar Association
- Elsy Mallarino – Catholic Legal Services
- Trevor McCall – Disability Independence Group
- Kassandra Molina – Miami Homes for All
- Robert Renfro – YES! Institute
- Shakima Wimbley – Urgent Inc



Barbara Ibarra, executive director, Miami Homes for All, with Kassandra Molina



Deborah Dietz, executive director, Disability Independence Group, and Lisa Goodman, staff attorney, with Trevor McCall

Perry (from page 4)

them. She also created two new tracks (Strength and Conditioning and Nutrition for Health and Performance), both of which are in high demand. Perry also led the search for five new full-time faculty members to maintain quality teaching and supervision for KIN’s flourishing enrollments. She also received approval for renaming the former Exercise and Sport Sciences department to reflect its growing focus on Kinesiology.

“Our Kinesiology and Sport Sciences faculty now encompasses Movement Science, Sport Administration, Biomechanics, Sports Medicine, Athletic Training, and more,” she said. “Our team has done a great job in keeping up with the field.”

Following on her promise to KIN faculty, Perry will focus on promoting more collaborative efforts with the Miller School of Medicine, the Lennar Center, and the School of Nursing and Health Studies, as well as other schools at UM. Following a \$256,000 gift to re-energize the Laboratory of Clinical and Applied Physiology this year, Perry hopes to raise more money for the Max Orovitz Laboratories and graduate student funding and research. She will also be teaching young students in the THINK program at West Lab K-8 school on the university campus.

“I am very proud of how well the faculty and students in our department have developed their teaching, research, and collaborative efforts,” Perry said. “I’m looking forward to taking the next steps together.”

Counseling Psychology Student Wins 3-Minute Thesis Competition

Daniel Sheridan, M.S.Ed. '11 and CNSP Ph.D. '17, took first place in the University of Miami's spring semester "3 Minute Thesis Competition." As a doctoral student in counseling psychology, Sheridan presented the results of his dissertation, "Sexual Orientation Disclosure and Concealment: A Model-Driven Meta-Analysis."

Here is his Presentation:

Before I begin, I would like to share with you all that I am gay. I am sharing this for two reasons. First is that it sets the stage for my dissertation and the second I will get to in about two minutes. Disclosure is a fundamental and ongoing aspect of being a sexual minority. Within each relationship, lesbian, gay, and bisexual people must decide whether to disclose or conceal their sexual orientation.

To be one's authentic self and disclose is risky, because authenticity can come at the price of rejection, discrimination, and mental health problems. Sexual minority youth rejected by their family due to their sexual orientation are eight times more likely to commit suicide. This can truly be a life or death decision. Coming out is also beneficial and associated with improved health and well-being.

So how could coming out be both risky and beneficial? And can we isolate protective and risk factors of the coming-out process? This is what my dissertation addressed. After analyzing all 157 published and unpublished studies on sexual orientation disclosure and concealment, I found that disclosure is a positive process.

On average, disclosure is associated with increased mental health, physical health, and vocational outcomes. The entirety of one's life improves. I also found that studies published in the 1980s and '90s were more likely to demonstrate negative outcomes associated with coming out.

Increased acceptance and positive attitudes toward the sexual minority community have made coming out more beneficial. And, finally, social support and acceptance were the most important predictors of positive outcomes. You see, being out about your sexual orientation does something amazing. It allows a person to build relationships and develop emotional intimacy with others that is not possible when one conceals. This deepening of social connection that derives from public authenticity is what truly matters.

At the beginning of this presentation, I came out to you because I can now socialize with you after this event and not hide an essential part of my identity. We can now build an authentic relationship with each other. In considering the implications of these findings, I leave you with those points.

For the heterosexual audience members, accepting a sexual minority friend, family member, or child can tremendously impact their health and well-being. As an ally, you have the power to change their lives for the better. And to the audience members who identify as a sexual minority, respect your coming-out process and assess your safety, but know that despite the risks of coming-out, the odds are in your favor and I support you. Thank you.



A photograph of an adult's hand holding a large, ornate golden key, poised to place it into the open palm of a child's hand. The background is a soft-focus green, suggesting an outdoor setting. The text 'Planned Giving:' is written in a cursive, orange-brown font in the upper left corner.

Planned Giving:

THE KEY TO THE FUTURE

Help the School of Education and Human Development continue its vital mission well into the future by donating all or a portion of your retirement assets. ∞ 100% of your gift will go to the School to support its goals. Naming your heirs as beneficiaries of your retirement assets, on the other hand, can trigger taxes that may significantly reduce these assets. Consider making a gift to the School of Education and Human Development and providing for your heirs in a more tax-wise manner. ∞ It's easy – complete a change of beneficiary form with your retirement plan administrator and advise us of your commitment so we can include you as a supporter of the School's Momentum2 campaign. ∞ If you have already named the School as a beneficiary of your retirement plan, or named the School in your estate plans, please let us know so that we can thank you appropriately! ∞

FOR FURTHER INFORMATION, CONTACT:

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summer program

Teachers Rekindle Love of Writing

Marta Noa, an exceptional student education teacher at Jane S. Roberts, K-8 Center rediscovered her love of writing at the 34th annual Zelda Glazer and Eveleen Lorton Writing Institute (GLWI). “I have been inspired by this great program,” she said. “I also have some great tools for guiding my students as well.”



Nanette Raska, (left) and Eveleen Lorton.

Another of the summer institute's participants was Loypa Fumero, a fifth-grade teacher at iMater Charter Middle/High School in Hialeah. "I am feeling that childhood excitement about writing again," she said. "I have more than 40 pages of notes and lots of ideas to bring to my classroom this fall."

Organized by the School of Education and Human Development in conjunction with Miami-Dade County Public Schools, the GLWI professional development program was held June 19-30 at Terra Environmental Research Institute. Nanette Raska, University of Miami, was co-director with Joanie Cobo, assistant principal, Vineland K-8 Center, M-DCPS.

Institute co-founder Eveleen Lorton, professor emerita, welcomed more than 150 participants, and introduced Mitch Glazer, the award-winning Hollywood screenwriter and son of co-founder Zelda Glazer. "It's a privilege to come back to Miami," Glazer said. "My mother knew the power of telling a story, and I was born and raised in this institute. Having made my living for 40 years writing stories, I am here to say that this can be a rewarding and satisfying career. There is amazing economic power in the students you are unleashing into the world."

Lorton also dedicated this year's institute to Anna Jordan, a retired English teacher at Coral Shores High School, who now

lives in Tallahassee. "Anna has taken part in our institute for many years, and it is a pleasure to recognize her contributions," Lorton said.

M-DCPS School Superintendent Alberto Carvalho addressed the GLWI participants at the institute's closing breakfast at the Miami Airport Marriott. "You have elevated the quality of writing across our district," he said. "You are the igniters of inspiration, builders of hope, and creators of opportunity. You are changing the lives of children, while improving our schools and our community."

Isaac Prilleltensky, dean of the School of Education and Human Development, spoke on "Building Well-Being in the Classroom" during the first day's session. "We want to create classrooms where children feel emotionally supported and valued, but also challenged to contribute to others," he said. "We have an opportunity with every interaction to make those students feel valued by giving them your full attention."

Teachers also need opportunities to nourish themselves, such as the deep learning provided at the writing institute, added Prilleltensky, noting that one of his outlets is writing humor columns. "No child comes with a bow that says 'I am perfect,'" he said. "Our job as teachers is to find their strengths and help them grow up to be great human beings."

Mitch Glazer, (left) and Joanie Cobo.



"Having made my living for 40 years writing stories, I am here to say that this can be a rewarding and satisfying career. There is amazing economic power in the students you are unleashing into the world."

– Mitch Glazer

summer program

Holocaust Institute Helps Teachers Convey Importance of Tolerance and Human Rights

Alberto Carvalho, superintendent, Miami-Dade County Public Schools, gave a moving account of his post-World War II childhood in Lisbon, Portugal to teachers attending the 2017 Holocaust Studies Summer Institute. "I remember my father shuttering the windows in our one-bedroom apartment, opening a tin can, taking out the candles, and cherishing the flicker of the flame," he said. "My parents were cultural Jews, but not necessarily religious people."



Alberto Carvalho (left) and Miriam Klein Kassenoff.

Carvalho, who was later baptized as a Catholic and is now a U.S. citizen, said Portugal was one of the few nations in Europe that did not bend to Nazi Germany's infamous Nuremberg laws against Jews. "Even though (Prime Minister António de Oliveira Salazar) was a Fascist, he had the courage to stand up to Hitler in the light of adversity," Carvalho said.

Why did Portugal take that position? Carvalho said it was a silent atonement for forgiveness 500 years after the Spanish-Portuguese Inquisition tortured and killed Jews throughout the Iberian peninsula, forcing individuals and families to leave. "The Jews who stayed had to give up their Hebrew names, but many kept on practicing their own faith in secret," he said. "As a code,

many adopted the names of fruit-bearing trees, like the oak or carvalho, knowing that at some point a flower will bloom again."

Hugging Holocaust institute director Dr. Miriam Klein Kassenoff, a M-DCPS district education specialist, Carvalho said, "We all have a right to know about our past. We need to teach our students about the Holocaust, so that we can prevent such a tragedy from happening again. It takes courage to do the right thing, and you can be a guiding light for the next generation."

Carvalho was one of the key speakers at the annual professional development program, held June 12-16 at Storer Auditorium. Others included Dr. Michael Berenbaum, founding project director of the United States Holocaust Memorial Museum in Washington, D.C.; Dr. Mary Johnson, senior historian, Facing History and Ourselves; Dr. William Meinecke, historian, U.S. Holocaust Memorial Museum; film producer/director Leah Warshawski; and Kassenoff, who told her personal story about escaping Nazi Germany as a child.

School board member Larry Feldman also spoke to the more than 80 teachers attending the largest and most comprehensive Holocaust education program in the state. "I found the institute inspiring," said Jenny Leonart, an English teacher at South Dade Senior High. "There is so much for our students to learn and think about." Along with Jacqueline Torres, a reading teacher at South Dade, Leonart plans to incorporate the lessons of the Holocaust into her classroom teaching this fall.

The 2017 institute was sponsored by the Miami-Dade County Public Schools and the School of Education and Human Development, with support from the School of Business, the Sue and Leonard Miller Center for Contemporary Judaic Studies, Holocaust Memorial Miami Beach, Targum Shlishi, Facing History and Ourselves, and WLRN Public Radio and Television for South Florida.



Film producer Leah Warshawski with Dr. Kassenoff.

summer program

YES! Camp



For eight years, the School of Education and Human Development has sponsored the Youth Empowerment Summer Camp, also known as YES! Camp for URGENT, Inc. With the support of the Department of Educational and Psychological Studies, students between the ages of 6 and 12 from Overtown, Liberty City, and Little Haiti, attended the 2017 camp.

Breakthrough Miami

More than 100 Miami-Dade students took part in Breakthrough Miami's summer College Bound program. The program combined a mixture of scholastic, athletic, and real-world learning opportunities for students in the secondary grades. "We want to help them visualize and understand the college experience," said Roseanne Corrales, associate director, on a July 7 visit to the Coral Gables campus.



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Professor Arlette Perry (third from left) with graduate students engaged in the THINK program.



THINK (from page 1)

"Drink plenty of water on hot days," "avoid junk food," and "find an activity you enjoy and have fun," were among the tips from offensive linemen Sunny Odogwu, Kc McDermott, and Nick Linder. The third-, fourth- and fifth-graders from Colonial Drive Elementary and West Lab Elementary also toured the Orovitz Laboratory, seeing the Department of Kinesiology and Sport Science's advanced measuring and assessment technology in action.

Professor Arlette Perry, who launched the THINK program seven years ago, said the goal is to help students understand the importance of their own personal health and fitness.

"We hope to see positive changes in their fitness levels and personal enjoyment of exercise, as well as a better knowledge of nutrition," she said. "We believe in the importance of a preventive approach to chronic problems like obesity, and getting students involved at an early age is a great way to promote a lifetime of wellness."

Partnering with the YMCA, faculty and graduate students in the Department of Kinesiology and Sport Science spent three afternoons per week for nine months at Colonial Drive and West Lab, as well as two control schools that offer the YMCA's standard after school Sports, Play, and Active Recreation for Kids (SPARK) program. The study focuses on physical variables, nutrition, exercise knowledge base/behaviors, exercise enjoyment, and confidence.

Carolina Velasquez, a master's degree student in nutrition and clinical coordinator for the Colonial Drive students, spent the spring semester working with students in the YMCA afterschool program.

"First comes education, explaining the role of cholesterol and fats," Velasquez said. "Then comes the clinical portion, measuring their muscles and metabolic activity. Then, the students went outside and did warm-up exercises, like skipping, followed by activities to generate power and strength. "The kids love it, and are all really engaged with the program."